

# Temporary changes to the Group Fitness Schedule

We are adapting our morning schedule to accommodate Elise's summer school schedule. She will back in the schedule at her regular times the week of August 16<sup>th</sup>. Her Wednesday 5:30 p.m. class will continue as scheduled (this will not be effected) Thanks to Crystal and Jan for helping sub Elise's classes.

**Monday, May 17, 24 (closed Memorial Day) - Crystal subs**

**June 7, 14 – Crystal subs**

**Elise will teach on Monday morning Jun 21 & 28<sup>th</sup> and Wednesday June 23 & 30<sup>th</sup> and Monday July 5<sup>th</sup> & Wednesday July 7<sup>th</sup>.**

**From July 12 through August 11 we will have subs.**

**Elise returns on Monday August 16<sup>th</sup> to all of her classes!**

**Jan will be teaching a Cardio/Conditioning class on Wednesdays @ 9:15 a.m. during the time Elise will be away.**